



JAMSHIDA JASMIN

Alungaparambil (H), Vazhakkad (P. O), Malappuram(Dist), Kerala, 673640

7591919782 | jamshidajasmin@gmail.com

in <https://www.linkedin.com/in/jamshida-jasmin-73b45a294>

OBJECTIVE

To work in an environment which encourages me to succeed and grow professionally where I can utilize my skills and knowledge appropriately.

EDUCATION

Central University of Uttarakhand (HNBGU)

Master of Social Work (CGPA - 7.42)
2022-2024

University of Calicut

BA English Language and Literature (CGPA - 8.24)
2019 - 2022

Kerala State Board

Higher Secondary (90%)
2017-2019

SKILLS

- Communication
- Problem solving
- Critical thinking
- Microsoft Soft Excel and Word
- Teaching
- Counseling
- Documentation
- Leadership
- Team work
- Adaptability
- Rapport Building
- Active listening

ACHIEVEMENTS

- **Qualified UGC NET in MSW**
- **Best NSS Volunteer (2017-19)**

CERTIFICATIONS

- National Service Scheme - 2017-2019.
- National Service Scheme - 2019-2022.
- Participated in NSS Leadership Camp.
- Certificate of KELTRON in Word Processing and Data Entry with A grade.
- Human Resource Skill Workshop.

EXPERIENCE

Social work intern

PEOPLE'S FOUNDATION | 29/05/2023 - 10/06/2023

- Conducted an impact analysis on the COVID-19 PRAVASI SURAKSHA project, THANAL ORUKAM ASHWASAMEKAM 2020 which was aimed to support the underprivileged families of Gulf expatriates who tragically lost their loved ones to COVID-19.

Social work intern

SHANTHI BHAVAN | 02/01/2024 -18/01/2024

- (Norbertine Mental Health Centre for Research and Training).
- Learned Psychotic and Neurotic disorders, Case history and MSE taking, Counseling skills and took awareness class to the residents of rehabilitation centre.

Social work intern

HOREB FOUNDATION | 01/07/24 - 30/07/24

- Gained valuable experience in medical and psychiatric settings, human resources, community development, and counseling.
- Visited Women and Child Development department and gained valuable insights into CWC cases.

English and Hindi Teacher

TUITIFY TUITION | 01/09/2023 - Continuing

- Got an experience in teaching and Created customized lesson plans to cater to individual learning needs.
- Fostered language skills through interactive activities and assessments.

PROJECT

Mental Health Status of Home Away Students : A Study of Srinagar Garhwal.

Findings : Necessity of counseling cells and mental health support.

LANGUAGE

- English
- Malayalam
- Hindi
- Arabic (Reading and Writing)